Healthy timing and spacing of pregnancies (HTSP) ensures babies are born during a mother’s healthiest years, and not born too soon or too close together.

In addition to saving the lives of babies and mothers, it:

- improves nutrition and prevents stunting
- increases educational attainment
- reduces poverty and strengthens household incomes

World Vision is a Christian humanitarian organization dedicated to working with children, families, and their communities worldwide to reach their full potential by tackling the causes of poverty and injustice.

Kasapo Chibwe
Policy Advisor,
Global Health
kchibwe@worldvision.org
202.572.6355