

Healthy Timing and Spacing of Pregnancy (HTSP) TRANSFORMS MOTHERS' AND CHILDREN'S LIVES

the FACTS



GIRLS AGE 15-19 are



2X as likely TO DIE in pregnancy and childbirth as those who are **20-24**



the HOPE

WITH HTSP

MOTHERS ARE LESS LIKELY TO experience complications such as



They can secure **HEALTH BENEFITS** for themselves and their children by **BREASTFEEDING** **LONGER**

CHILDREN ARE MORE LIKELY to receive essential >



Newborns have higher risk of:

- > Neonatal **DEATH**
- > Preterm **BIRTH**
- > Low birth **WEIGHT**

Mothers have higher risk of:

- > Maternal **DEATH**
- > pre-**ECLAMPSIA**
- > **MISCARRIAGE**

MORE TIME BETWEEN PREGNANCIES =
lower risk of complications for both mothers and children

