Healthy Timing and Spacing of Pregnancy (HTSP) BENEFITS FATHERS FOR STRONGER FAMILIES



the FACTS

In SUB-SAHARAN AFRICA in 2013, the average family had

of people were living on LESS THAN \$1.90 a day.

When the FAMILY GROWS and stress increases, fathers can emotionally withdraw or may physically abandon their family.

Without a father **SHARING RESPONSIBILITY**:

CHILDREN





to require emergency care.







to experience depression and stress.



the **HOPE**

WITH HTSP

FATHERS CAN PLAN

FINANCIALLY and **EMOTIONALLY**

for the birth of their NEXT CHILD.





enjoy closer connections and less stress, creating a



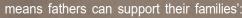
MORE STABLE **HOME FOR** CHILDREN.

CHILDREN display greater



development at 6 months when fathers are more involved.

PRACTICING HTSP





HEALTH access and long-term



DEVELOPMENT

Providing the resources children need to grow physically, mentally



FINANCES Planning ahead to support additional family members



EMOTIONAL Providing stability for children during formative years