Healthy Timing and Spacing of Pregnancy (HTSP) 
BENEFITS FATHERS FOR STRONGER FAMILIES

the FACTS
In SUB-SAHARAN AFRICA in 2013, the average family had
4.6 CHILDREN ...
and OVER 40% of people were living on LESS THAN $1.90 a day.

When the FAMILY GROWS and stress increases, fathers can emotionally withdraw or may physically abandon their family.

Without a father SHARING RESPONSIBILITY:
CHILDREN are 6X MORE LIKELY to require emergency care.
MOTHERS are 2X MORE LIKELY to experience depression and stress.

the HOPE WITH HTSP
FATHERS CAN PLAN FINANCIALLY and EMOTIONALLY for the birth of their NEXT CHILD.

FAMILIES enjoy closer connections and less stress, creating a MORE STABLE HOME FOR CHILDREN.

CHILDREN display greater COGNITIVE development at 6 months when fathers are more involved.

PRACTICING HTSP means fathers can support their families’:

HEALTH Ensuring medical access and long-term wellness

CHILD DEVELOPMENT Providing the resources children need to grow physically, mentally, and emotionally

FINANCES Planning ahead to support additional family members

EMOTIONAL WELL-BEING Providing stability for children during formative years

World Vision is a Christian humanitarian organization dedicated to working with children, families, and their communities worldwide to reach their full potential by tackling the causes of poverty and injustice.

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