

Healthy Timing and Spacing of Pregnancy (HTSP) CHANGES LIVES

HTSP is an approach that helps women and couples make an informed decision about delaying first pregnancy until age 18, and timing and spacing subsequent pregnancies to secure the most positive outcomes for the mother, baby, family, and community.

the **HOPE**

87 million

the **FACTS**

Every year, complications from pregnancy and childbirth kill hundreds of thousands of women—

+80% of these deaths are **PREVENTABLE**

Pregnancy is one of the leading causes of death for teenage girls globally

PREGNANCY

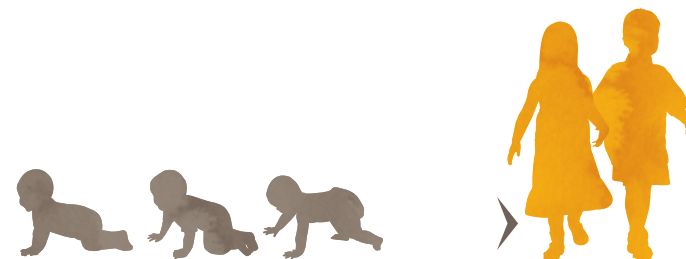
Babies born less than two years apart are more than

>2X as likely **TO DIE**

before their first birthday

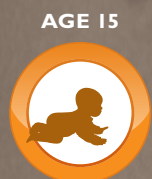


more women and girls are now using a modern method of family planning than a decade ago

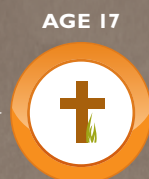


WHEN MOTHERHOOD COMES EARLY AND OFTEN

For girls living in poverty and married too young, HTSP could prevent a life of heartbreak and loss.



Too young: difficult childbirth



Too close: miscarriage



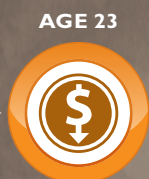
Too often: underweight newborn



Malnourished mother—stunted child



Too many: difficult pregnancy



Unable to work—economic loss



Neglected and malnourished children