Healthy Timing and Spacing of Pregnancy (HTSP) TRANSFORMS MOTHERS’ AND CHILDREN’S LIVES

**the FACTS**

- **INFANTS BORN to teenage girls are almost 2X as likely TO DIE** as those born to mothers age 20-24.

- **GIRLS AGE 15-19 are 2X as likely TO DIE in pregnancy and childbirth** as those who are 20-24.

**WITHOUT HTSP**

- Newborns have higher risk of:
  - Neonatal DEATH
  - Preterm BIRTH
  - Low birth WEIGHT

- Mothers have higher risk of:
  - Maternal DEATH
  - pre- ECLAMPSIA
  - MISCARRIAGE

**WITH HTSP**

- **MOTHERS ARE LESS LIKELY TO experience complications such as MISCARRIAGE or their own DEATH.**

- They can secure **HEALTH BENEFITS for themselves and their children by BREASTFEEDING LONGER**.

- **CHILDREN ARE MORE LIKELY to receive essential**
  - FOOD
  - EDUCATION
  - HEALTH CARE

**MORE TIME BETWEEN PREGNANCIES = lower risk of complications for both mothers and children**

- **AGE 20**
  - First child: healthy and strong mom and baby

- **AGE 23**
  - Second child: spaced to allow healthy growth

- **AGE 26**
  - Third child: mother able to care for all children emotionally and physically

World Vision is a Christian humanitarian organization dedicated to working with children, families, and their communities worldwide to reach their full potential by ridding the causes of poverty and injustice.