Healthy Timing and Spacing of Pregnancy (HTSP)

BENEFITS FATHERS FOR STRONGER FAMILIES



the **FACTS**

In SUB-SAHARAN AFRICA

in 2013, the average family had



and OVER48% of people were living on LESS THAN \$1.25 a day.

When the FAMILY GROWS and stress increases, fathers can emotionally withdraw or may physically abandon their family.

Without a father **SHARING RESPONSIBILITY**:

CHILDREN are







to require emergency care.



MOTHERS are





to experience depression and stress.



the HOPE WITH HTSP

FATHERS CAN PLAN

FINANCIALLY and **EMOTIONALLY**

for the birth of their **NEXT CHILD.**





enjoy closer connections and less stress, creating a



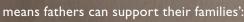
MORE STABLE **HOME FOR** CHILDREN.

CHILDREN display greater COGNITIVE



development at 6 months when fathers are more involved.

PRACTICING HTSP





HEALTH Ensuring medical access and long-term



CHILD **DEVELOPMENT**

Providing the resources children need to grow physically, mentally



FINANCES

Planning ahead to support



EMOTIONAL WELL-BEING Providing stability for children during formative years