

Healthy Timing and Spacing of Pregnancy (HTSP) CHANGES LIVES



HTSP is an approach that helps women and couples make an informed decision about delaying first pregnancy until age 18, and timing and spacing subsequent pregnancies to secure the most positive outcomes for the mother, baby, family, and community.

the FACTS

Every year, complications from pregnancy and childbirth kill hundreds of thousands of women—

† 80% of these deaths are **PREVENTABLE**

Pregnancy is one of the leading causes of death for teenage girls globally



Babies born less than two years apart are more than

2X as likely **TO DIE**

before their first birthday



the HOPE

If **120 MILLION WOMEN** get access to HTSP resources by 2020:

200,000



fewer

WOMEN and **GIRLS** will die in childbirth

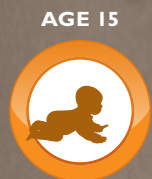


3 MILLION fewer babies will die in their first year of life

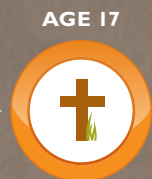


WHEN MOTHERHOOD COMES EARLY AND OFTEN

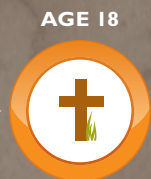
For girls living in poverty and married too young, HTSP could prevent a life of heartbreak and loss.



Too young: difficult childbirth



Too close: miscarriage



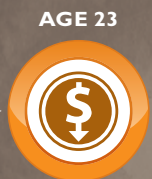
Too often: underweight newborn



Malnourished mother—stunted child



Too many: difficult pregnancy



Unable to work—economic loss



Neglected and malnourished children